



ODYSSEY HOUSE
NEW SOUTH WALES

Residential Programs

**Live-in residential rehabilitation
empowering people to address their
alcohol and other drug dependence.**



***“My life has changed
for the better thanks
to Odyssey.***

***I am finally the best
version of myself.”***

- Odyssey Residential Program client



What is Odyssey's Residential Program?

Recovering from alcohol or drug dependence is challenging to do without support.

Odyssey's Residential Program provides safe and caring alcohol and other drug treatment in live-in accommodation.

Our residential rehabilitation program is designed to support long-lasting recovery.

Residential treatment

We offer a 24-hour, staffed residential treatment program where residents live and work together to support withdrawal from alcohol and drug dependence.

- Initial 12-week intensive program for all participants.
- Ongoing long-term residential programs for full recovery.
- Longer-term, flexible programs, accommodating participants for 9 to 12 months.
- Supportive and dedicated professional counsellors and medical staff.
- Individual treatment plans, group therapy, one-on-one counselling and recreational activities.

Treatment is provided across our two facilities located in Sydney's South West.

Personalised treatment

We understand that the path to recovery is a unique journey and that each person comes to treatment with diverse life experiences.

Our professional team will work with you to build a treatment plan around your life, needs and dreams for a positive future.

- Receive personal support in one-on-one counselling sessions.
- Gain a rich and worthwhile educational experience through Odyssey College.
- Develop confidence and build valuable life skills, including job readiness.
- Work your way through the treatment program at your own pace.

Our Residential Program offers holistic care, addressing clients' physical, social and emotional needs throughout their treatment and stay.

Community of support

We follow the therapeutical community model of care. That means residents actively support themselves and other residents and contribute to daily living activities.

A range of recreational, skills training and educational activities are available to all residents.



Comprehensive support

Along with our core treatment program, Odyssey provides a range of specialised services.

Residential support for parents with children

Odyssey Family Recovery Centre provides a safe, comfortable environment for parents to stay with young children while undergoing rehabilitation.

- Purpose-built, home-like accommodation for families with children aged up to 12 years.
- For single parents, pregnant mothers, and couples undergoing treatment together.
- Children are supported to assess psychological, medical and specialist supports and can attend childcare and school nearby.

Medically Assisted Withdrawal Unit

Our Medical Unit specialises in treatment for people seeking medicated or non-medicated support for withdrawal from alcohol and other drugs.

Mingu Yabun for First Nations people

Mingu Yabun combines traditional healing programs with western treatment to promote cultural healing for wellbeing and recovery.

Odyssey College

Having a plan for your career path after rehabilitation is a key factor in long-term success.

We offer educational opportunities and job skills through Odyssey College to enrich and empower all residents in the program.



Odyssey House NSW provides rehabilitation services to address harms associated with alcohol and other drug use.

Since 1977, we have built a comprehensive network of specialised withdrawal and rehabilitation programs through residential and community service hubs across NSW.

Our professional staff provide trauma informed care to support clients to develop the skills to meet their physical and emotional needs, reconnect with family and strengthen social connections.

Odyssey Residential Programs are funded by:

- Australian Government Department of Health and Aged Care
- NSW Government

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