



**ODYSSEY HOUSE**  
NEW SOUTH WALES

# Odyssey House NSW

**Caring and professional support for individuals, families and communities seeking to overcome the harm associated with alcohol and other drug use.**



***“For the first time in my adult life I am three months sober and I feel amazing.***

***This service has been so, so beneficial for me and my journey.”***

- Odyssey program participant



# About Odyssey House NSW

At the heart of our work is a belief in the power of individuals to strengthen not only their lives but rebuild family bonds and reconstruct community connections.

## How we support people

Odyssey offers comprehensive support, treatment and education through community and residential programs across Sydney and New South Wales.

- Medically supervised withdrawal unit.
- Live-in residential rehabilitation and support centres.
- A suite of family programs to support parents and children.
- Individual and group counselling, support and information.

## Specialist support

- Support for people from culturally and linguistically diverse communities.
- Support for Aboriginal and Torres Strait Islander people.
- Diversion programs and community development.
- Educational opportunities and job skills through Odyssey College.

Our holistic approach supports you to address not just your alcohol and drug issues, but all the challenges impacting your life.

## Residential Programs

Live-in residential rehabilitation to support people in their recovery from alcohol and drug use. Supportive 24-hour staffed residential treatment. Medically assisted withdrawal unit.

## Community Programs

Individual and group counselling, support, information and education for people concerned about their own or family or friends drug or alcohol use.

## Family Support

Our Reconnecting Families suite of programs support parents and children through a range of supports and services. This includes home-like residential programs for parents with young children.

## Multicultural Programs

Alcohol and other drug services delivered in 20 languages for people from culturally and linguistically diverse communities.

## Mingu Yabun for First Nations People

Specialised alcohol and other drugs counselling and support for Aboriginal and Torres Strait Islander people in both our community and residential programs.

**99%** of clients agree the service helped them deal with their problems.

**99%** rate the quality of service as good or excellent.

**100%** said they received the kind of service they wanted.



## **Odyssey College**

Educational opportunities, vocational qualifications and job skills to enrich and empower all our live-in clients.

## **Diversion Programs**

Breaking the cycle of substance use and crime for people in the court system and those following release from prison.

## **Community Development**

Working on alcohol and drug issues in local communities across NSW.

## **Our approach**

Recovering from alcohol or drug dependence is challenging to do without support.

We understand that the path to recovery is a unique journey. Our professional team will work with you to build a treatment plan around your life, needs and dreams for a positive future.

## **Our Team**

Our dedicated and skilled professionals include counsellors, nurses, teachers, psychologists, alcohol and other drug workers and more.



**Odyssey House NSW provides rehabilitation services to address harms associated with alcohol and other drug use.**

Since 1977, we have built a comprehensive network of specialised withdrawal and rehabilitation programs through residential and community service hubs across NSW.

Our professional staff provide trauma informed care to support clients to develop the skills to meet their physical and emotional needs, reconnect with family and strengthen social connections.

**Odyssey Programs are funded by:**

- Australian Government Department of Health and Aged Care
- NSW Government

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