



ALCOHOL & OTHER DRUGS

ALCOHOL AND OTHER DRUGS RECOVERY GROUP – MODULE 1

How we can help

Odyssey House Community Services offers the Alcohol and Other Drugs Recovery Group Module 1 for people who have not completed detox or who are currently detoxing.

Our qualified counsellors will guide participants through their recovery in a safe and supportive environment.

Participants will learn new skills with the opportunity to access our individual and group counselling services free of charge.

Light refreshments will be provided.

Find out more

Module 1 covers a range of topics with participants receiving support with:

- Starting out on our recovery journey
- Identifying goals and developing our recovery plan
- Creating the change that we want
- Developing strategies to stay on track and manage difficult situations
- Weekly peer and counselling support

To register for this free program contact Community Services 1800 397 739 Option 2

When

Mondays / 01.00 pm to 03.00 pm

4-week duration but participants may join at any time

Starting 22nd April 2019 to 27th May 2019

Second run 3rd June 2019 to 1st July 2019

Where

Suite 3, Level 3 / 83 Flushcombe Road, Blacktown

Community Services: 1800 397 739

T: 02 9622 7511 / F: 02 9831 7337

E: csws@odysseyhouse.com.au / W: www.odysseyhouse.com.au

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ODYSSEY HOUSE
NEW SOUTH WALES

Community Services